



Half a day a month

Confident in rivers /  
Gentle exercise



# Riverfly monitor

Riverfly monitors help us understand the health of the river. By sampling at the same spot every month we can look for changes in invertebrate populations. These help us detect pollution or improvements in the river.

Many invertebrates are particularly sensitive to pollution and their loss will affect many of the fish, birds and mammals that rely on a healthy population of invertebrates for their survival.

Riverfly monitors visit the same stretch of river every month. Depending on water levels this usually means about ten visits a year. Many of our riverfly monitors combine this with fishing or walking trips. Volunteers must be over 18.

Sampling takes a couple of hours and we aim to allocate volunteer sampling points within easy travelling distance. We pay volunteer travel expenses and provide equipment.

We are part of the Riverfly Partnership. A network of nearly 100 organisations including anglers, conservationists and water course managers. We provide training and support to volunteers.

