



Top thing to do by the river

Play Pooh sticks



You will need

sticks, a safe bridge you can stand on with handrails

1. Collect sticks as you walk along the riverbank.
What makes the perfect Pooh stick?
Is it big and twiggy or small and streamlined?
2. Stand next to your competitors on the bridge
and drop your stick into the river or stream to
play the traditional game of Pooh sticks.
Rush to the other side to see whose appears first.
Who will be the winner?
Off you go in 1, 2, 3....



Find out more at
www.dnaire.org.uk



Top thing to do by the river

Make a mud
monster



You will need

modelling clay or some mud from the river bank, an egg box

1. Take a walk along the riverbank collecting natural items to make your monster's face - moss, twigs, seeds, leaves, etc. Keep them safe in your egg box until you need them!
2. If using clay, work it to make it pliable. Choose a tree with a rough bark to help your monster grip and mould a face onto it. Decorate it with your collected natural materials - a moss beard, twig eyebrows, seeds for eyes, etc.



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Top thing to do by the river

Photograph reflections



You will need

a camera or mobile phone

1. Go for a walk along the riverbank when the water is still. What can you see reflected in the river?
It could be trees, a frozen heron waiting to strike or the now silent mills that were powered by our great river. Take photos of what you see.
2. Flick through your photos and choose your favourite. Why not post them on Twitter?
We'd love to see them. Tag us in @aireriverstrust

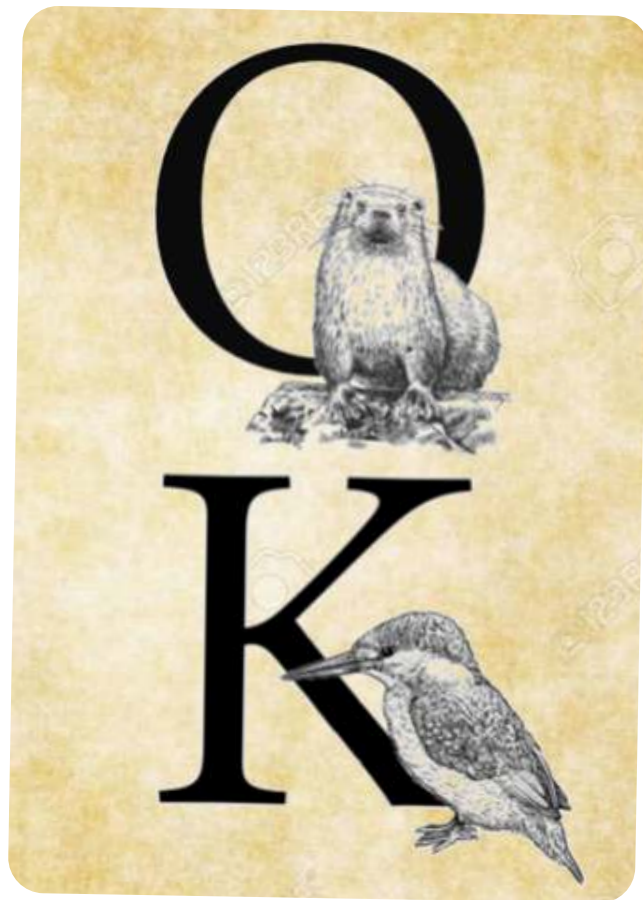


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Top thing to
do by the river

Make your own
rivery ABC



You will need

An adult to help keep you safe

1. This is an activity that requires no preparation.
Just take a walk along the riverbank.
Can you make a rivery ABC as you go?

We'll start you off:

A is for ATLANTIC SALMON leaping at a weir

B is for the river BANK

C is for a COOT swimming in the river

D is for....



Find out more at
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**Top thing to
do by the river**

**Go wildlife
watching**



Defend the Aire

Visitors to our river play an important part in keeping it safe. Did you know that becks and rivers collect water from our land and streets and carry it to the sea?

Soap from washing our cars or even worse waste chemicals, such as paint and oil, poured down street drains may end up in our rivers. If you see milky or discoloured water or smell sewage, ask an adult to ring 0800 807060 to report pollution to the Environment Agency. Fly tipping can be reported to your local Council.



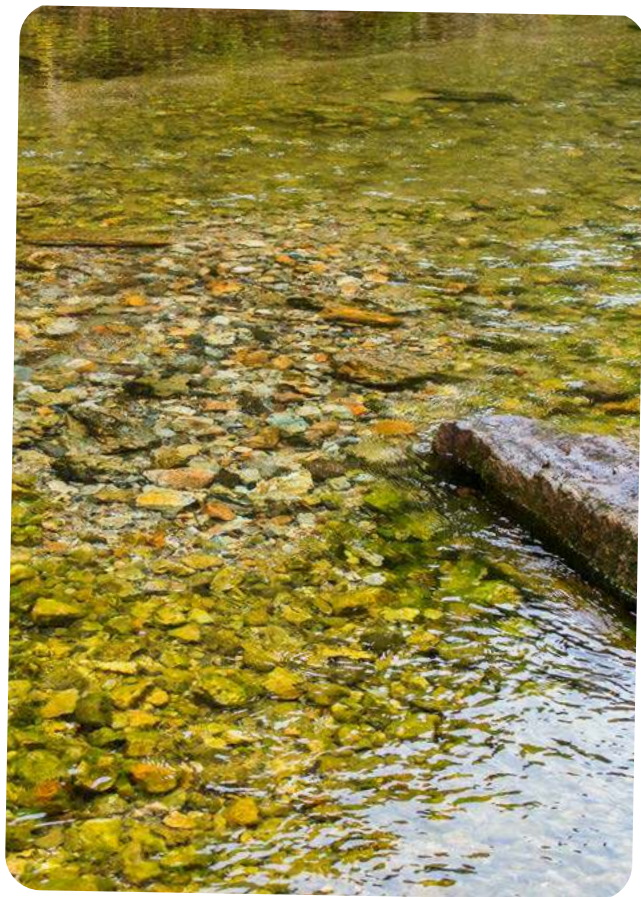
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Top thing to do by the river

Be a salmon spotter



You will need

Can you help us spot Atlantic salmon? You may see fish leaping at weirs. Remember to take care near weirs and never cross any barriers. The fish pass at Leeds Industrial Museum Armley Mills and Robert's Park in Saltaire can be viewed safely from the path.

Take a walk along the upper Aire valley to look for signs of spawning. You may find them in Gill Beck (Baildon), Harden Beck (Bingley) and the shallow river near Gargrave. Look for lighter areas of gravel in the riverbed where a mating pair of salmon have created a nest or "redd" to lay their eggs. Be very careful when wading not to step on these.

After their 8000 kilometre journey to mate many salmon die. If you are very lucky, you may find one washed up on a riverbank. If you find signs of spawning in the Aire please email photos to contact@airerivertrust.org.uk

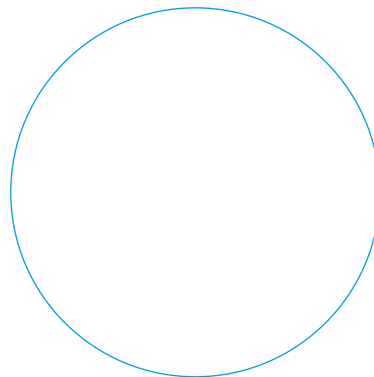
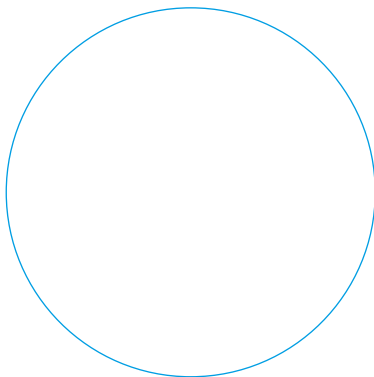


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What riverside creatures can you spot today?

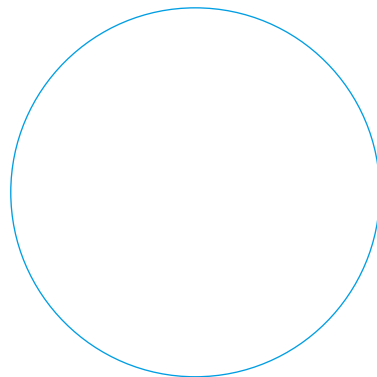
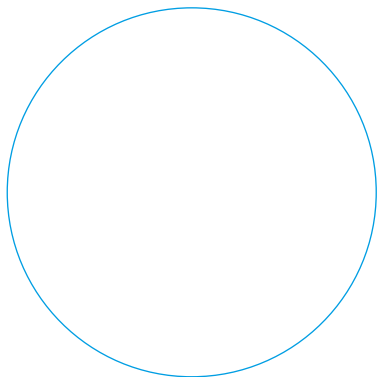


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Be a river defender



**Report pollution to the
Environment Agency on 0800 807060
Report fly tipping to your local Council**



Top thing to do by the river

5 senses scavenger hunt



You will need

An adult to help keep you safe

Did you know salmon smell their way back to the river?

Whilst at home why don't you test your sense of smell, and your other senses and see if you can find the following things in our 5 Senses Scavenger Hunt

Find something that makes a crunch sound

Find something that tastes sour

Find something you like the smell of

Find something smooth

Find 3 of the same thing

Find 2 things that smell similar

Find something loud

Find something soft

Find something white

Find something rough



Find out more at
www.dnaire.org.uk





Top thing to do by the river

Chlorophyll Paintings



You will need

Some paper

Grab some leaves from your garden, scrunch them up into a ball and use it as a paint brush!

Paint in the tops of trees or use them to get creative and paint whatever you like!

Think about which kind of leaves release the most chlorophyll and why.



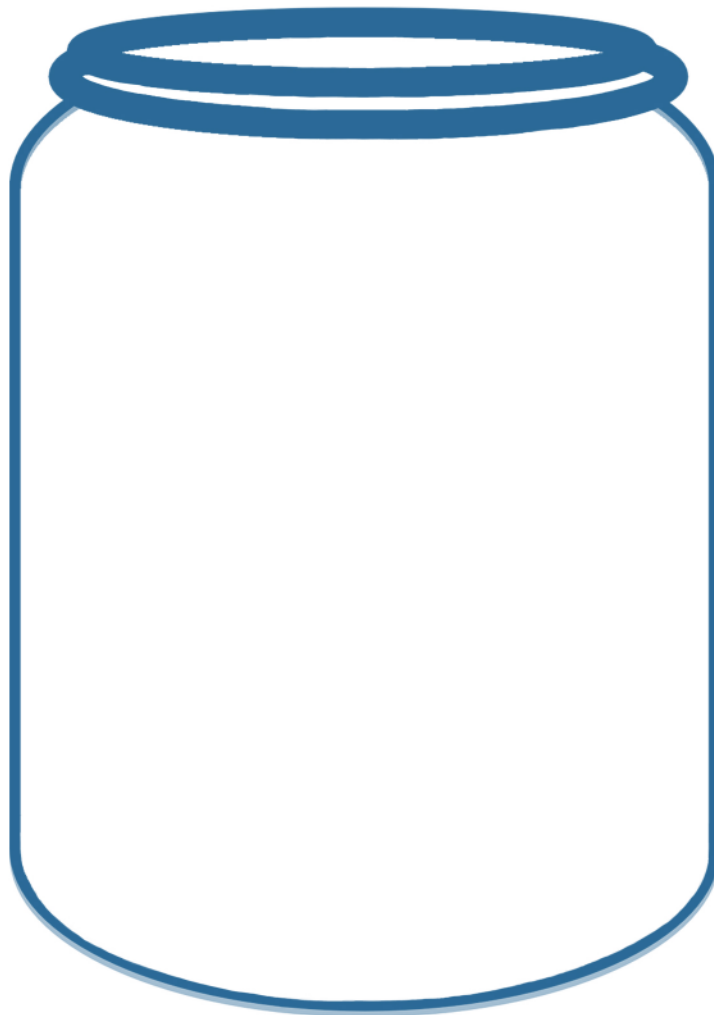
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**Top thing to
do at home**

Capture
positive
thoughts



You will need

A pen and some positive thinking

Use this space inside the jar to write good things that have happened to you or thoughts or things that make you happy.

Writing them inside the jar will capture them together. Come back to this card when you're feeling low and read the things that make you happy.

A constant reminder of the things that make you happy in your life.



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